

**ASSESSMENT OF STREAM WATER QUALITY IN THE NAMBLA REGION
(TEHSILURI) UNION TERRITORY OF JAMMU KASHMIR (INDIA)**

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Abstract

Water is an important natural resource on plane earth. About 71 percent earth surface is covered by water includes oceans, glaciers, ice caps, lakes, streams and underground reservoir. Water quality and quantity both are important for existence. Water quality plays an important role in all sectors include agriculture, domestic, industrial etc. Fresh water resources like streams provide varied ecological benefits and supporting freshwater and flourishing streamside ecosystems. Nambla stream and its catchment areas have been inhibited by human settlements which can possibly affecting a ecosystems in the surrounding area. Therefore, the objective of this study was to assess and evaluate the possible effects of anthropogenic disturbances, particularly changes in some water quality parameters. This study analysed the anthropogenic and seasonal footprints on the physico chemical parameters of Nambla stream. The drinking and irrigation water quality in the stream water was done with the aid of using drinking WHO standards. Water samples were collected from various sites from the stream for conducting various water parameters which include Temperature, pH, TDS, EC, turbidity, total hardness, free CO₂, total nitrogen, dissolved oxygen, total alkalinity. The result revealed that the value of all water quality parameters for all four selected sites of Nambla stream sites were mostly in good condition. For sometime and points of the measurements, several parameters were found to be above the official water quality standards due to the intensive anthropogenic activities, particularly at site 3 & 4.

Keywords: [Physico chemical parameters, aquatic, anthropogenic activity, water stream, water resource, titration]

Introduction:

Surface water is indispensable reservoir of drinking and plays vital role in the survival and sustainability of plants, animals, and humans (Alvizuri Tintaya et al., 2022; Verma and Jamwal, 2022). Due to rapid development and population expansion, water depletion and quality deterioration occur not only with natural processes (Muhammad and Ahmad, 2020) but also with anthropogenic activities such as human settlements, industry, urbanization, and agriculture (Gupta and Chinnasamy, 2022). With industrialisation and urbanization water pollution of the environment has been caused by mobilization and movement of water pollutants in the water bodies which have considerably increased since the 1940s (Khan et al., 2004). Their primary water pollutants come from human sources such as industrial wastes from mining, smelting, and agricultural practices such as the use of pesticides and phosphate fertilizers. Their natural pollutants in the environment include weathering of metal-containing rocks and volcanic eruptions (Spiegel, 2002). According to the report from Environment Protection Agency (EPA) 1990 that leaching and mixing of chemicals from agricultural practices account for >50% of the water contamination

in streams and rivers (J.L. Cook et al, 1990). The health of residents whose river and stream water is their last source of water is at risk from many types of pollution, direct or indirect. From ages human societies have been interested in fresh surface waters, especially in drinking water supply. Even today we see most of agricultural, urban, and industrial centres have been built close to water bodies to make use essential use of water resources (Sánchez et al., 2007). Water is vital for cellular metabolism and appropriate operation, hence contaminated and polluted water can cause adverse effects on humans and other forms of life. (Alam et al., 2017). Therefore, it is necessitated to decide us to check stream water quality parameters and pollution levels in selected Nambla stream which flows in the Uri area of district Baramulla in union territory of Jammu and Kashmir. Stream water bodies are one of the sources of water in river, pond, and lake ecosystems and maintain the ecological balance. Stream water provides drinking water, irrigation for crop, recharging ground water and supporting wildlife even some aquatic animals seasonally breed in freshwater streams such as amphibians and freshwater fishes have also main habitat of stream water bodies. The fresh Nambla stream

has multiple sources of contamination which includes human settlements and agricultural run off has urged assessing its water quality parameters.

Study area

The valley of Kashmir is well known for its freshwater resources and the river Jhelum is main life line of the Kashmir. Many major streams pour freshwaters into the Jhelum increasing its water content at various places throughout its length. Nambla village is located 7 kms away from subdistrict Urethsil and 52 km from district headquarters Baramulla. Its total geographical area is 1195 hectares. Nambla is a census village in Baramulla district of Jammu and Kashmir India. As per census 2011 of India Nambla has total population of 7193

people with a literacy rate of 44 percent. The Nambla stream originates from considerable distance of 15 km from Kandi mountains. The source of water is melting glaciers and springs which originates. The gradual thawing of snowing with onset of summers gives it a fresh water source flowing down from foot hills of Kandi Mountains and finally ending up in river Jhelum near Gurdwara Chattipadshahi. In the present study 4 sites were selected for assessing various physio chemical parameters of stream water. The samples from selected sites were collected in 1 litre polyethylene plastic bottles fitted with screw caps. For other parameters, samples were preserved by adding an appropriate reagent & brought to the Lab for detailed chemical analysis.



Site 1



Site 2



Site 3



Site 4

2. MATERIALS AND METHODS

Water samples were collected from the stream by dipping one-liter polyethylene bottle just below the surface of water. Temperature, depth, transparency was recorded on the spot, while analysis of other parameters was done in the laboratory within 24 hours in accordance with Golterman and Clymo (1969), A. P. H. A. (1998), Mackreth (1963). Water temperature (Co) was recorded by a Celsius thermometer. Transparency by standard Secchi disc (20 cm dia.) Depth of stream was recorded by sounding the stream bottom with a standard metallic weight (1 Kg) attached to a marked rope. pH was determined by a digital pH meter (US make). Conductivity – It was recorded by a digital conductivity meter (US make). Dissolved oxygen was determined by titrimetric method by Winkler's method. Free CO₂ was done by NaOH titration. Total Alkalinity was also estimated with titrimetric method by acidimetric indicator endpoint. Nitrate Nitrogen was done spectrophotometrically by Salicylate method (CSIR, Pretoria, 1974).

3. RESULT & DISCUSSION

As mentioned above in the present study water quality parameters were determined in the field and all the measurements were evaluated with standard procedures. The field measurement data was obtained to uncover the current status of some water quality parameters, which was one of the important outcomes of our study and the results are given below. The parameters of temperature (Co), EC (mS/cm), and TDS (mg/L), pH show very strong positive relations.

The temperature of the water in stream was affected by variables such as altitude, climate and stream flow as shown in Figure 1. Fluctuations in water temperature are governed mainly by atmospheric temperature. In addition, as pointed out by Hanafiah et al. 2018, various human disturbances that particularly damage or decrease the natural vegetation cover along the streams might also impair the water temperature, especially in the middle and lower portions of the catchments where human-induced impacts are intense.

The monthly changes in pH values of both the stream water fluctuated from 6.84 Site IV to 8.26 for Site II as shown in figure 3. Maximum pH was found in the month of June and minimum in the month of February. In general, pH values ranging between 6.5 and 8.5 are ideal for both natural and drinking waters (WHO, 2017). The main reason for both of these extreme pH values can be directly associated with the agricultural activities and pollution from catchments areas. Transparency (cm) In the upper reaches water was transparent as the bottom was clearly visible and sunlight reached bottom while downstream it was turbid. The highest transparency i.e., 100% was found at Site I, II and III while lowest transparency was found at Site 4 in all the 5 months.

Electrical conductivity (EC) is the ability of water system to transfer electric current, depends on the amount of dissolved ions and inorganic dissolved solids (Hanafiah et al. 2018). It fluctuated between a low of 89 μ S/cm-1 at Site I in the month of April to a high of 329 μ S/cm-1 for Site IV in the month of February as shown in figure 2. It was reported in previous studies that electrical conductivity could be an indicator to provide data about the amount of dissolved substances and pollution level in surface water systems (Tas, demir, 2001).

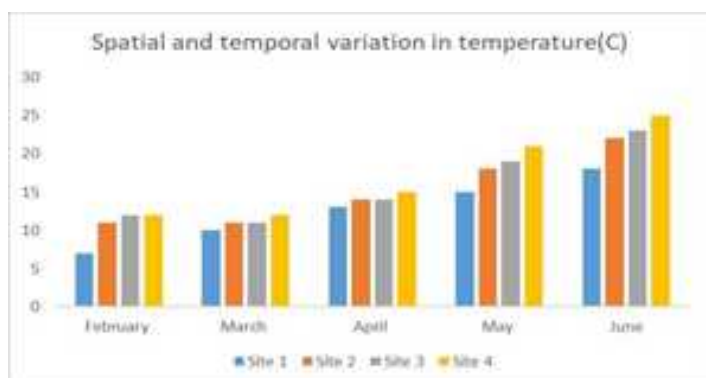


Figure 1

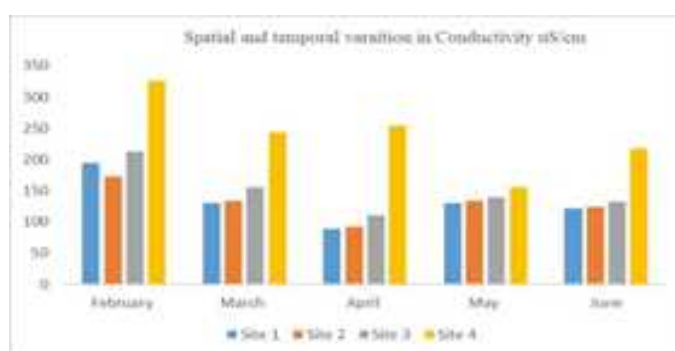


Figure 2

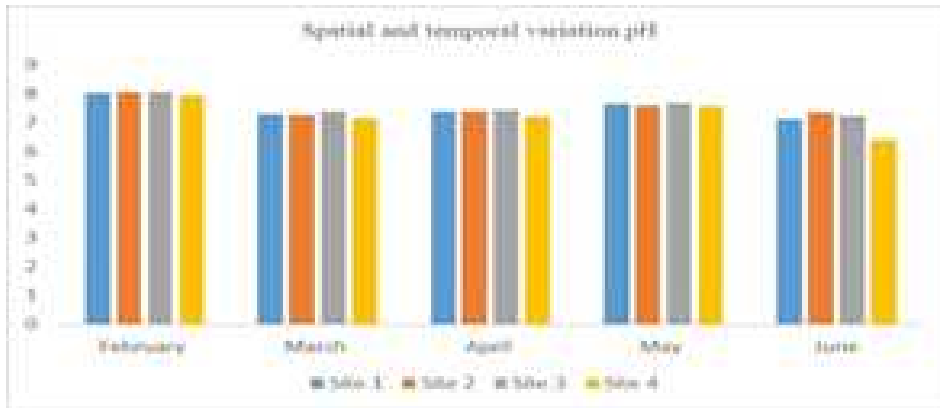


Figure 3

Dissolved oxygen and other gases like carbon dioxide in stream water change depending on partial pressure, temperature, salinity, respiration, and photosynthesis (Ravindraetal2022). It's well known that water's dissolved oxygen level regulates chemical and biological processes (Allan & Castillo2007). Dissolved oxygen, one of the most significant characteristics in water quality, should be between 8 and 14 mg/L in natural freshwaters and dropping below 5 mg/L becomes harmful to living things (Chapman, 1996). Within this catchment receives significant amounts of both sewage (raw and treated, human and nonhuman) and agricultural runoff (Brusseuetal2019). The present investigation revealed the DO content ranging from 4.9 mg l⁻¹ to 14.3 mg l⁻¹ as shown in figure 4. The highest DO content was recorded at Site II in the month of March and lowest at Site IV in the month of April. The free CO₂ value ranged from 2 mg l⁻¹ to 17 mg l⁻¹. The maximum free CO₂ content was recorded at Site IV in the month of February & May and minimum free CO₂ was recorded at Site I and in the months of June as shown in figure 5.

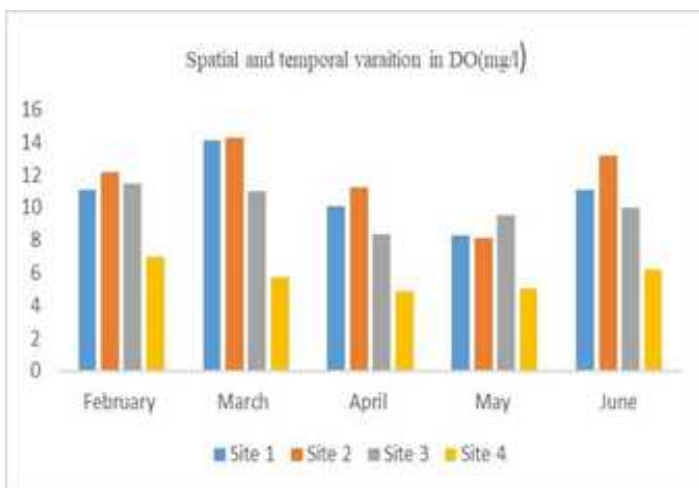


Figure 4

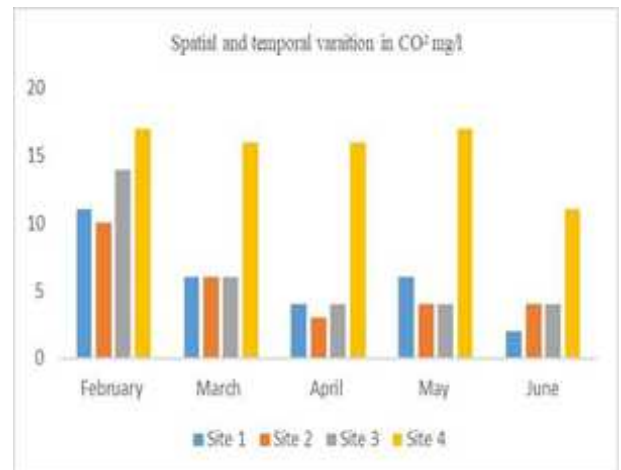


Figure 5

Chloride in water is generally due to salts of sodium, potassium and Calcium. The maximum value of Chloride 9.2 mg/l was found at Site IV in the month of June and minimum value of 4 mg/l at Site I, II, IV in the month of March and June given in Figure 6.

Calcium Hardness (mg/l) Ca²⁺ Hardness varied between a low of 40 mg l⁻¹ to a high of 132 mg l⁻¹. Ca²⁺ hardness reached the maximum level for Site IV in the month of April and minimum value for Site I in the month of April. Total Hardness (mg/L) Like Ca and Mg Hardness, Maximum value of total hardness was found at Site IV. The total Hardness was highest in the month of February for Site IV (130 mg l⁻¹) and lowest in the month of March for

Site I (37 mg/l) in figure 7. Calcium is generally the dominant cation in Kashmir waters, especially lakes (Zutshi et al., 1984). Magnesium was much lower than Ca⁺⁺ as shown in figure 8. The concentration of Ca⁺⁺ and Mg⁺⁺ was higher as compared to other cations and the usual progression of there was Ca⁺⁺ > Mg⁺⁺ > Na⁺ > K⁺. Ca⁺⁺ and Mg⁺⁺ content showed trend similar to that of total hardness concentration increased downstream as shown in figure 9. The increased total hardness, Ca⁺⁺ and Mg⁺⁺ downstream can be related to anthropogenic interference in the neighbourhood. Besides this, it can be related to sediment characteristics particularly at Site IV, which is located in the neighbourhood of Chatti Padshahi Gurdwara.

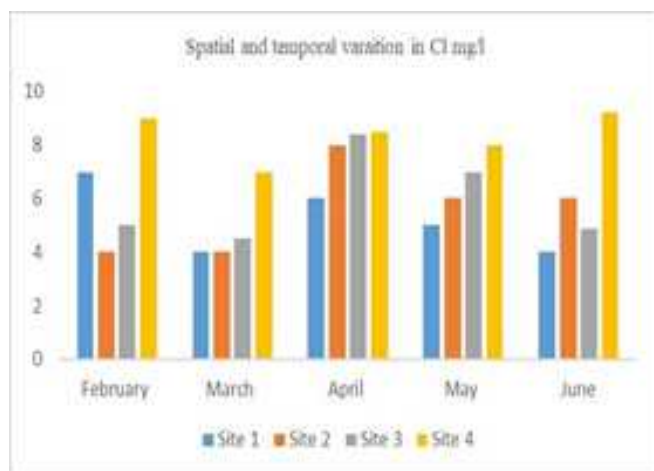


Figure 6

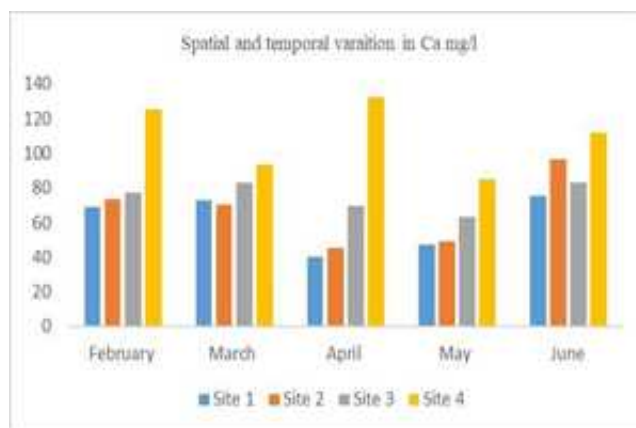


Figure 7

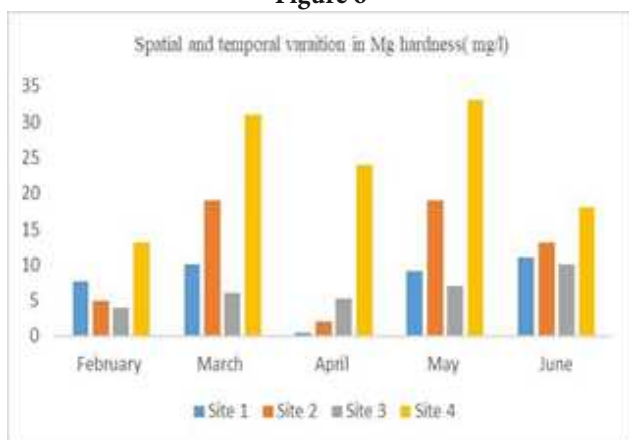


Figure 8



Figure 9

Nitrate nitrogen (NO₃-N) (µg/L) The present investigation revealed that Nitrate - nitrogen content ranged from 123 µg/l to 901 µg/l as given in figure 11. The maximum value was recorded in the month of June at Site IV while as minimum value was recorded in the month of April at Site I. The Nitrate - nitrogen reached the maximum level at Site IV in all months. However, recently, their concentrations have been driven up by anthropogenic sources such as agricultural fertilizers, human and animal waste (Hamid et al 2019). They can reach stream ecosystems through either point sources (e.g. municipal and industrial wastewaters) or as nonpoint sources (e.g. fertilizers and manure from farm fields (Das, et al 2023), mostly by surface and subsurface runoff. (Zhou, et al 2016). In natural waters, nitrate is formed by the oxidation of ammonia, resulting from the decomposition of animal and vegetable wastes, the dissolution of fertilizers, and the conversion of nitrogen into nitrogen oxides as a result of electrical discharges in the atmosphere [Davie & Gerrard, 2008]. When the results of the present study were investigated, it was found that nitrate levels generally increased from the source to the river mouth.

Total Alkalinity (mg/l) is a measure of buffering capacity of water. The total alkalinity at all the sites was entirely due to bicarbonates. The bicarbonate alkalinity was highest in the month of February (121 mg/l) for Site IV and lowest also in the month of April (37 mg/l) for Site III as given in figure 10. In streams the occurrence and abundance of components of bicarbonate system and the pH condition are determined primarily by current biological process and chemical nature of the substrate (Reid, 1961). During the study period the stream was found alkaline except at Site IV, where often it was found less alkaline. Vasisht and Sra (1970) have reported high pH in unpolluted and low in polluted waters. Low pH at Site IV may be due to various pollution stresses. The acidification of water ways is being recognized as one of the big problems. Total alkalinity is a measure of carbonate content of water or temporary hardness expressed in terms of CaCO_3 . Ca and CO_2 are a resultant of the entire biological and chemical systems of water. Thus, the total alkalinity has been used as a rough index of productivity of water (Moyle, 1956). The lowest average value of total alkalinity was found in April. Alkalinity of water increased downstream

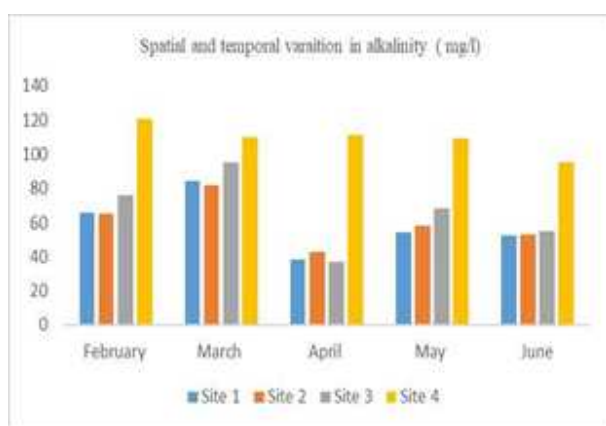


Figure 10

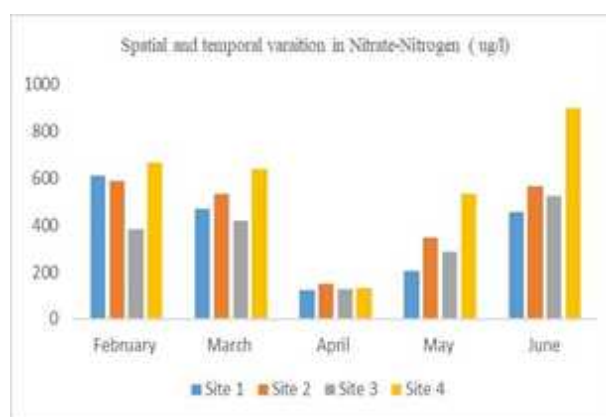


Figure 11

CONCLUSION

Many human-induced interventions have occurred within the catchment of Nambla stream including the several human settlements as well as new access roads, the conversion of forested lands to settlement and agriculture are also affecting the stream. Thus, the primary goal of this project was to record and evaluate monthly values of several water quality parameters, and suspended sediments in the stream and assess how these parameters vary with time and location. Upstream the water was medium soft water type and downstream due to anthropogenic activities the water quality changes to hard water type. D.O level in upstream remain at higher level due to low depth and least anthropogenic interferences and as the stream goes down and added wastes from settlements and picnic places the D.O level goes decreased due to increased consumption of oxygen by bacteria in decomposing

organics. Nambla stays mostly unpolluted however due to increasing population in adjacent areas and recreational activities are slowly adding pollutant loads in its waters making it highly susceptible to modern pollution. This research will provide critical knowledge that will serve as the foundation for the proper use and management of the Nambla stream as a water source.

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