The Quintessential Journal

Table of Contents

Sr no.	Articles	Page
01	Community Development Through Tourism: Economic Contributions And Beyond Hritik Tomar, Priya Verma	08-13
02	Ritucharya: Dietary Regimen In Sharad (autumn) Amitabh singh, Anjanika Singh	14-19
03	Ritucharya: Dietary Regimen In Hemanta (early Winter) Dr. Kulbhushan Vasisth, Dr. Amitab Singh	20-25
04	Role Of Shaak In Detoxification And Digestion Surekha, Arpana Phondani	26-31
05	Role Of Pushyanuga Churna In Rakta Pradara Madhu Joshi, Anil Joshi	32-36
06	Role Of Dravya In Prevention Vs. Cure Of Diseases Dr. Surekha, Dr. Arpana Phondani	37-42
07	Retrospective Assessment Of Practice Of Radiation Protection In Fluoroscopy Mansi Vashisht, Shruti, Rufaida Binte Jalal, Aadil Mushtaq, Parveen Bansal	43-45
08	Molecular Pharmacology — Mechanisms Of Drug Action Gurpreet Kaur, Gurbachan Lal, Fayyaz Husain, Shafkat Malik	46-52
09	Investigating How Neutrophils Contribute To The Body's Defence Against Infections Musaib Shameem, Mahesh Gaba, Parveen Bansal	53-56
10	Neuroprotective Role Of Farnesol In Alzheimer's Disease: Targeting Inflammation, Oxidative Stress, And Cognitive Decline Manroop Raj Kaur, Amandeep kaur, Achla Sharma	57-70
11	Recent Advances In Nanotechnology-based Drug Delivery Systems: A Comprehensive Review Gurbachan Lal, Anish Singh	71-73
12	Evaluation Of Patient Satisfaction During And After An Mri Examination SeharZari, Shruti, Lalita Saini, Aadil Mushtaq, Parveen Bansal	74-76
13	Evaluating Mri Safety Compliance In Punjab: Awareness, Adherence To Guidelines, And Institutional Preparedness Shruti, Vaishali, AAdil Mushtaq, HaadiBhat, ParveenBansal	77-83
14	The Double-edged Sword: Psychotropics And The Human Journey Through Morphine Addiction Firoz Khan , Diksha, Taranvirinderdeep Singh, Kashish Kumar	84-91
15	Therapeutic Potential Of Hibiscus (shoeblackplant) In The Management Of Anemia: Pharmacological Insights And Clinical Evidence Shivam Jha, Priyanka Chhabra, Manjinder Kaur	92-98